

# Kids Campus Daycare Society

April 2025

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## COOKIE DOUGH

Help us reach our goal on cookie sales! The funds that we receive either go towards the children immediately, and/or saving up for a bigger project/purchase for them!



## Upcoming Events

April 9– Spirit Day  
April 10– Deadline for Cookie Dough Sales!

Get your orders in!

April 11– Crazy hair Day

April 17– PJ day

April 18– Closed for Good Friday

April 21– Closed for Easter Monday

## Spring Cleaning!

Hello everyone!

While you do your Spring Cleaning and find items that you no longer need, we will gladly accept toys and clothing that are at least “Good Used Condition.” If we end up having a surplus of some items, we will either donate it to the Diabetes Association blue bins, or keep to sell at our upcoming Garage Sale.

**We have a Kids Campus account at the Bottle Depot if you want to donate your recycling money to us!**

## Resources

- “The Danish Way of Parenting” by Iben Dissing Sandahl
- Camrose FSCC has some parenting and other resources available
- Check out Family Friendly Camrose for some activities and events!
- Buy some Mabel’s Label’s to label your kiddo’s shoes, boots, jackets, rain suits, water bottles, blankets and more!



## Summer Extravaganza

You might have noticed in our “2025 holiday closure list” that we are closed on a strange day! We will be closed and not providing care on June 27<sup>th</sup>. On this day, however, the staff will all be facilitating our Summer Extravaganza! It is a mixture of family fun events and events for the children. Details will be shared as we get closer, but plan on joining us for a portion of your day on June 27<sup>th</sup> to kick off a great opportunity for a long weekend! Bring your friends, family, and neighbours!



# WE ARE FUNDRAISING!

click here!



ORDER NOW!

SUPPORT OUR GROUP BY ORDERING  
SCOOP & BAKE COOKIES

**indeygo**  
FUNDRAISING

## Summer Camps and activities

If you are looking for some additional programs and activities for your children to attend, I have heard of and found some options for families:

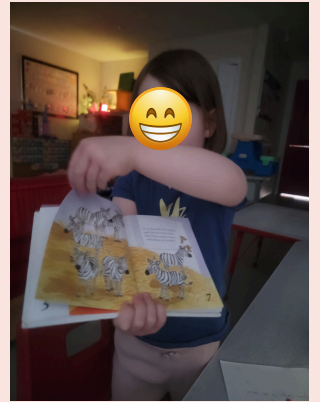
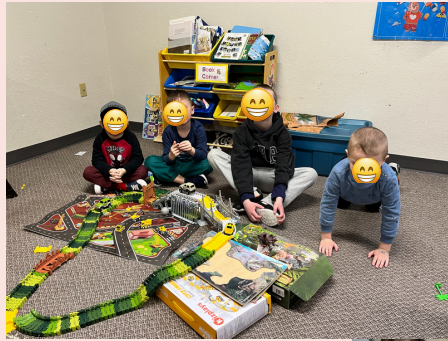
- [Academy of Gymnastics](#)
- [Affirmation Dance](#)
- [Boys and Girls Club](#)
- [Camrose Library](#)
- [Camrose Vikings sport camps](#)
- [City of Camrose](#)
- [OSCAR](#)
- [Young Engineers](#)

“The goal of early childhood education should be to activate the child’s own natural desire to learn”

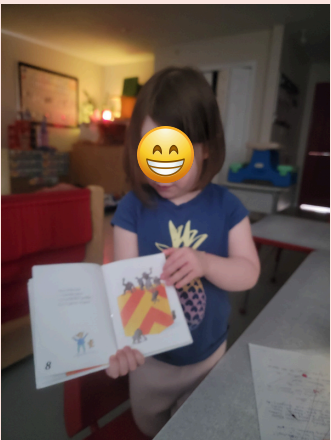
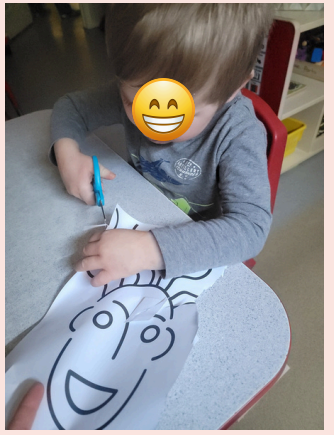
-- Maria Montessori



# March at KCDS









April 2025

## Spring Activities

Welcome spring with these fun activities you can do with kids in your care (or kids who are home for Easter break) to help them learn about food.

Activities that include spring colours:



- Colour hard boiled eggs, bun dough, or [baked Bannock](#) pink, green, yellow and blue. You can buy natural food colourings that use beets, turmeric and greens for colouring.
- Use these [conversation cards](#) and add a few of your own questions about foods of different colours or foods for family celebrations.

Activities you can do indoors or outdoors depending on weather:



- Scavenger hunt.
- Nature walk to search for signs of spring or spring themed sensory bin.
- [Plant a container garden](#) as a way to learn where food comes from.
- Read a storybook about food: [bit.ly/StorybooksForChildren](http://bit.ly/StorybooksForChildren).
- Have a picnic – eat your coloured eggs or try these simple [quiche muffins](#). More picnic [snack attack ideas](#).

Buying packaged snacks for a picnic? Read food labels:

% Daily Value (%DV) = how much or how little of a nutrient is in a food.

Choose foods with: ✓ 15% or more fibre, vitamins and minerals

✓ 5% or less sugar, sodium (salt), and saturated fat

## Additional Resources

- Canada's Food Guide [healthy snacks](#)
- Handout to share with parents [healthy snacking](#)
- Boiled egg chicks [how to video](#) (can use your coloured eggs)



For more information email: [publichealthnutrition.centralzone@ahs.ca](mailto:publichealthnutrition.centralzone@ahs.ca)

# Everyday and Everyway Talking about... April



April is the start of spring in many areas. It is often when Easter happens. We think of baby animals, bunny rabbits, chicks, and coloured eggs.

Try these activities, songs, books, and crafts to help your child learn. Speak, sing, and talk about books with your child in your own language.



## Activities

### Easter

There are many things to talk about when celebrating Easter.

- Decorate eggs and talk about what happens when you dip a blue egg in the red dye or a yellow egg in the red dye.
- Hide the eggs and let your child find them. Talk about where you found all the eggs. This is a good way to practice words like **behind**, **under**, **beside**, **on**, and **in**.
- Make a bunny ear headband and have your child pretend to be the Easter bunny. Let her hide some eggs around the house.

### Farm animals

Go visit a petting zoo, if there is one in your community.

- Talk about the animals' names. Talk about what the baby animal is called.
- Talk about how they feel. Are they **soft**, **fuzzy**, **rough**, **hairy**, or **slippery**?
- Talk about what you think each animal eats. Maybe you can feed the animals.
- Talk about the parts of each animal. ( **Does it have paws or hooves? Does it have long or short ears? What kind of tail does it have? What about its nose?** )

### Zoo animals

It is nice to visit the zoo even when it's not hot outside. A warm spring day can be a great time to go. If you don't have a zoo to visit, go to the library and sign out some books about zoo animals. Pretend you are at the zoo as you read together.

- Talk about the animals' names.
- Talk about what they look like. **Do they have long or short legs? Do they have fur or skin?**
- Talk about what parts of the world the animals come from.
- Talk about what the animals are doing.
- Take turns pretending to be a certain animal. Move around like the animal and make sounds.





## Songs and rhymes

Want to learn more songs and rhymes? Look for a parent-child music class in your area.

### Bears are sleeping

(sung to the tune of **Frere Jacques**)

Bears are sleeping,  
Bears are sleeping,  
In their caves, in their caves.  
Waiting for the springtime,  
Waiting for the springtime.  
Shh! Shh! Shh!  
Shh! Shh! Shh!

### Sleeping bunnies

(**child lays on the floor pretending to sleep and parent sings or says rhyme**)

See the little bunnies sleeping,  
Sleeping until noon,  
Come let us gently wake them,  
(**parent rubs child's back**)  
With a happy tune.  
Are they ill?  
Oh so still . . . (**pause for surprise**)  
Wake up bunnies, hopping, hopping,  
(**child jumps up and hops like a bunny**)  
Wake up bunnies, hopping, hopping,  
Wake up bunnies, hopping, hopping,  
Wake up bunnies hop and stop.

Singing is  
a great way  
for children to  
learn new words.  
Don't forget  
to make up  
actions for  
songs.



## Books

Go to your local public library to find these and many more great books.

Too many bunnies **by Matt Novak** Happy Easter eggs **by Joan Holub** Farm 123 **by Rod Campbell** I went walking **by S. Williams** Hattie and the fox **by Mem Fox** Dear zoo **by Rod Campbell** Pigs **by Robert Munsch** If you give a mouse a cookie **by Laura Joffe Numeroff** Have you seen my cat? **By Eric Carle** The rainbow fish **by Marcus Pfister** Bear wants more **by Karma Wilson and Jane Chapman**

Children learn  
through everyday  
moments. Check out  
next month's activity  
page for more ideas.



## Crafts

For more craft ideas go to [www.wondertime.go.com](http://www.wondertime.go.com)

### Making Easter eggs

Remember to hard-boil your eggs before decorating them. You can easily make your own food colour dye. lines, shapes, or swirls. The wax will keep the dye

Mix ½ to 1 tablespoon of food colouring with 2 teaspoons of vinegar in a cup that is deep enough for the eggs. Add water so the cup is half full. Gently place the eggs into the cups. The longer they are left in the dye, the darker the colour will be. When you take the egg out, pat dry with a paper towel and put it in a holder.

### Wax crayon resist

Colour on the Easter eggs with wax crayons before placing them in the dye. Draw on dots,

away from your picture and your picture will show through.

If you don't want to use dye, just colour the eggs with crayons.

### Collage eggs

Decorate your eggs with whatever craft supplies you may have. Use white or craft glue to stick on sequins, buttons, glitter, beads, or stickers. You can even colour with markers. Go wild!